

# Sewing instructions for Suffolk Puffs (YoYos)

Instructions to complete the sewing project planned with Reading  
Museum on 20<sup>th</sup> August 2024.

## What you need:

Scissors

Needle and thread

Fabric (about a 20cm square is enough)

A button

A plate to draw round – or just cut a circle



## Step one:

Draw a circle and cut it out in your chosen fabric – use a lightweight fabric like cotton.

The circle can be any size, start with something about the size of a small plate.

You can use a pencil or pen to draw your circle, when you cut it out try to cut just inside the marked line (not crucial as your button will cover it!)



## Step two:

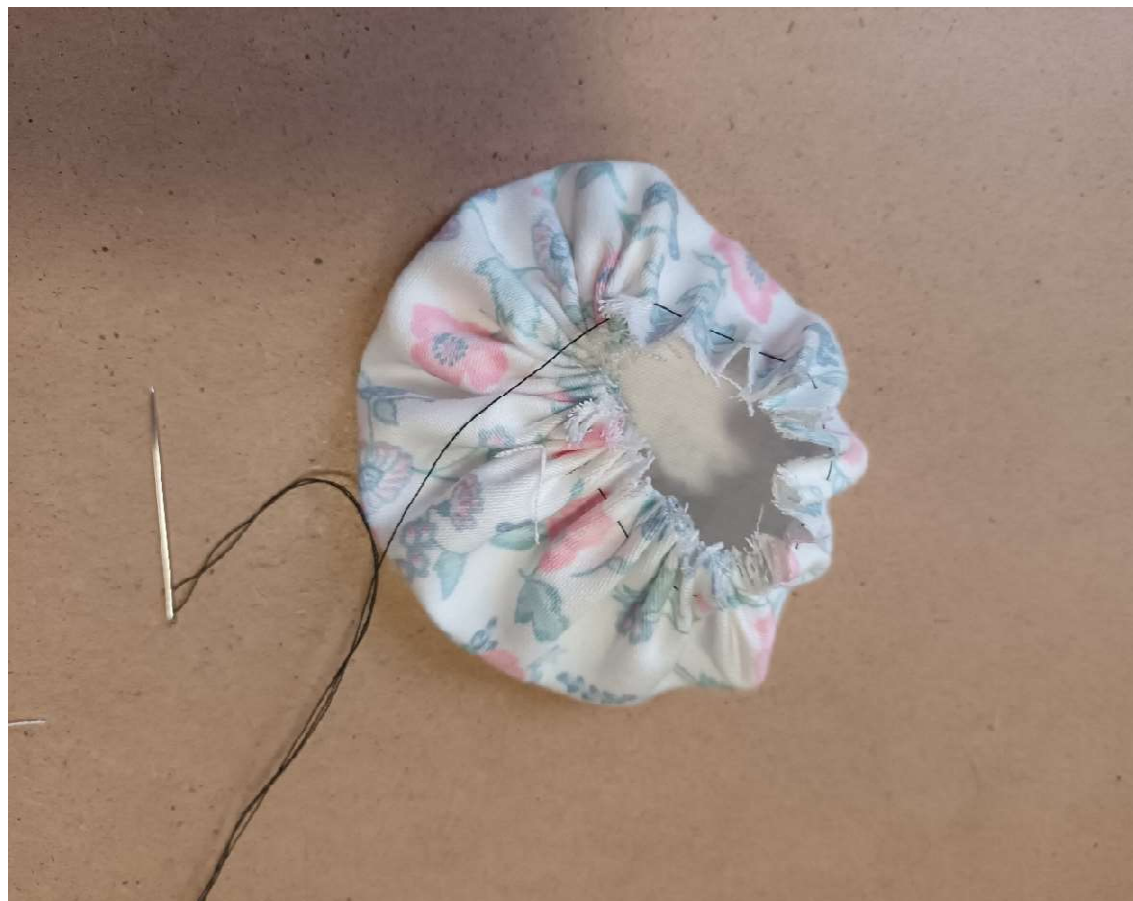
Thread your needle and make a knot at the end of the thread, you don't need a very long thread, about 40cm is enough.

Start stitching around the circle, close to the edge with medium sized stitches, use a basic running stitch.



## Step three:

Continue to stitch all the way round the circle, and when you get back to where you started you can gently pull the thread which will gather up the circle.



## Step four:

Keep pulling until the outer edges meet in the middle, don't pull too hard or your thread will break.

When it is as tight as you can get it, make a few more stitches to hold it in place, go over a few times in the centre



## Step five:

Now get a button and sew it in the centre, this will cover any little hole that you have left!

You can then attach your Suffolk puff (YoYo) to something to make a picture, or you could make a badge with it. You can also stuff your puff (before you fully close the circle) and make a mini monster!

Our sewing team will be able to help you with ideas and show you how to complete the project. If you get stuck at home try checking YouTube for Suffolk Puff (English name) or YoYo (American name)

Good luck and enjoy your sewing.

